

A woman wearing a wide-brimmed straw hat and a long, flowing orange dress is walking away from the camera along a sandy beach. She is carrying a woven basket. The ocean is a deep blue, and the sky is a clear, light blue.

# WELCOME TO SOLO TRAVELLERS

SELECTION OF CRUISES 2025 • 2026

# FIVE REASONS

to travel solo  
with PONANT



## 1. Be spoiled FOR CHOICE

Antarctica or the Caribbean, the Mediterranean or Polynesia... We offer numerous departures with no single supplement <sup>(1)</sup>. You can enjoy the elegance and space of a double stateroom, at no additional cost.



Discover more than 150  
'no single supplement' cruises.

## 2. The best OF BOTH WORLDS

Every day, share the excitement of adventure and discovery as a group, but return to the privacy of your stateroom to recharge your batteries.

## 3. Reconnect with YOURSELF

Intimately designed, human-sized ships that open our cruises allow even the most solitary to experience true moments of introspection and communion with nature.

## 4. Build NEW CONNECTIONS

Attentive to your well-being, the crew facilitates exchanges between all guests. Lectures, informal discussions and excursions also provide opportunities to bond over shared interests.

## 5. Enjoy PERSONALISED SERVICES

From choosing your cruise to booking flights and excursions, we'll guide and advise you as best we can. Your stay is organised down to the smallest detail, so you can embark with peace of mind.

## European autumn in the Aegean Sea

| TIMELESS |

**ATHENS • ATHENS** | Departure: 1st November 2025

8 days/7 nights aboard *Le Bougainville*

From £3,750 <sup>(2)</sup>

From Thessaly to the Peloponnese, via Macedonia, discover ports nestled deep in gulfs, unspoiled islands, and thousand-year-old monasteries suspended in the sky. Among your included excursions: the UNESCO sites of Meteora, the ruins of Philippi, and the royal tombs of Vergina.



## Mediterranean interlude

| TIMELESS |

**NAPLES • VALLETTA**

Departure: 22nd November 2025

6 days/5 nights aboard *Le Lapérouse*

From £2,460 <sup>(2)</sup>

There's nothing like a few days of disconnection on a getaway between Sicily and the Tunisian and Maltese coasts. On the itinerary: numerous UNESCO World Heritage Sites such as the centre of Naples, Palermo, Tunis, and Valletta.



## Ancient shores of the Mediterranean

| TIMELESS |

**ATHENS • MÁLAGA**

Departure: 7th November 2025

11 days/10 nights aboard *Le Dumont d'Urville*

From £6,070 <sup>(2)</sup>

Experience a truly epic Mediterranean adventure off-season, discovering unmissable ancient sites like Carthage, Delphi, and the monastery of Hosios Loukas Tipasa, as well as ancient cities: the Kasbah of Algiers, the medina of Tunis, and the centre of Syracuse, all UNESCO World Heritage Sites.





# Volcanic landscapes from Cape Verde to Canary Islands

| TIMELESS |

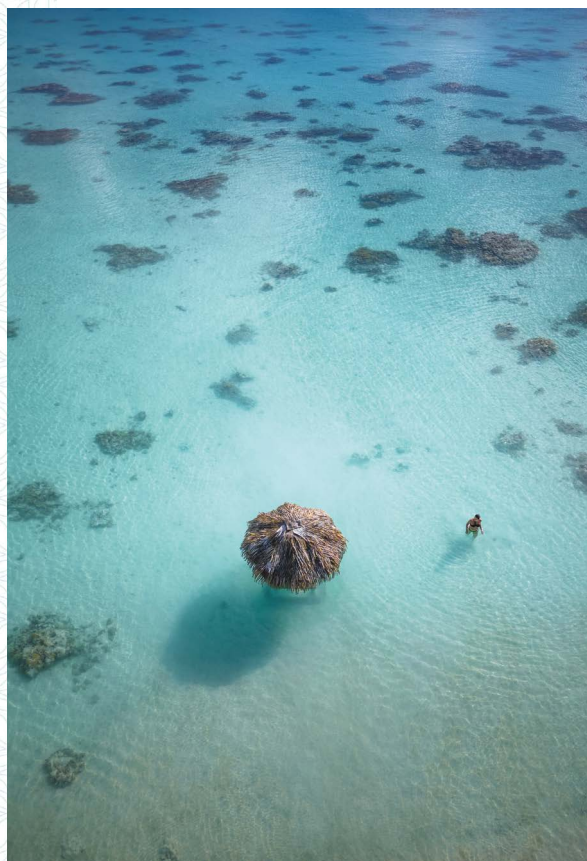
## DAKAR • LAS PALMAS DE GRAN CANARIA, CANARIES

Departure: 1st February 2026

11 days/10 nights aboard *Le Lapérouse*

From £4,570<sup>(2)</sup>

An island-hopping cruise, between volcanic lands and cities with fascinating heritage, such as Mindelo or Santa Cruz de la Palma. Among your included excursions, the Teide National Parks (UNESCO) and Timanfaya National Park in Lanzarote will provide a change of scenery and enchantment.



## Society Islands & The Tuamotus



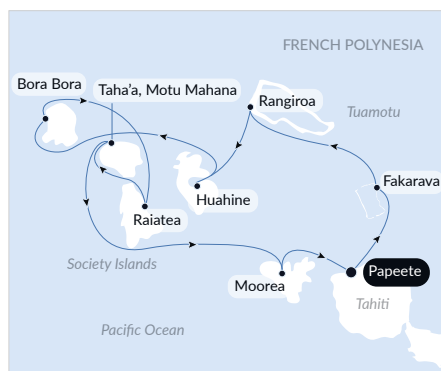
### PAPEETE • PAPEETE

Departures: 7th January and 25th February 2026

11 days/10 nights aboard *m/s Paul Gauguin*

From £4,610<sup>(2)</sup>

Let yourself be transported to the heart of dreamlike Polynesian islands and atolls bordered by superb lagoons with transparent waters and edged by an exceptional coral reef. On board, the atmosphere is warm and typically Polynesian thanks to the presence of your local hosts, the *Gauguines* and the *Gauguins*.



# Natural sanctuaries & heritage of the Caribbean

| DISCOVERY |



## WILLEMSTAD • COLÓN

Departure: 26th November 2025

8 days/7 nights aboard *Le Champlain*

From £3,610<sup>(2)</sup>

Through your included excursions led by local guides or activities led by your naturalist guides, experience a total immersion in Cartagena de Indias or the San Blas Islands, amidst fascinating history, cultural treasures, and exceptional biodiversity.

# Panama, Colombia & Caribbean Islands

| TIMELESS |



## FORT-DE-FRANCE • COLÓN

Departure: 7th December 2025

13 days/12 nights aboard *Le Dumont d'Urville*

From £5,400<sup>(2)</sup>

This cruise offers a truly immersive experience discovering the natural treasures of the Caribbean Sea and its many cultural influences. Highlights along your journey include the UNESCO World Heritage Sites of Portobelo and the Pitons of Saint Lucia, as well as, on an included excursion, the Soufrière and a boat tour of Les Saintes.

# Natural sanctuaries & Caribbean encounters

| EXPEDITION |

## BELIZE CITY • BELIZE CITY | Departure: 22nd December 2025

10 days/9 nights aboard *Le Champlain*

From £5,540<sup>(2)</sup>

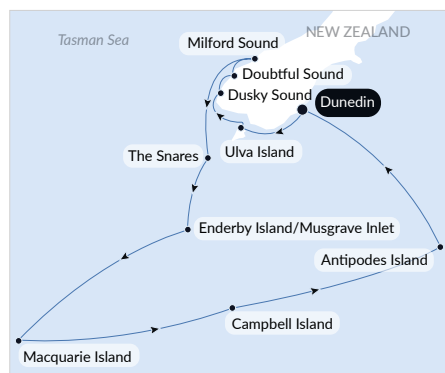
Contemplate the extraordinary shades of green of the lush forests, admire the blue gradients of the Caribbean Sea, immerse yourself in fascinating cultures full of mysteries... Idyllic landscapes and captivating encounters make for an unforgettable journey, discovering the most beautiful sites in Central America.

Included with your cruise<sup>(3)</sup>: return flights Cancún/Belize City and transfers.



# Expedition to New Zealand's Subantarctic Islands

| EXPEDITION |



## DUNEDIN • DUNEDIN

Departure: 29th December 2025

15 days/14 nights aboard *Le Soléal*

From £12,080<sup>(2)</sup>

Experience an extraordinary New Year's Day, marked by the spirit of discovery of distant lands and their natural sanctuaries, where isolated fjords and wild islands mingle, home to penguins, dolphins, sea lions, and elephant seals as well as numerous species of birds.

# Journey to Austral Lands and Valdes Peninsula

| EXPEDITION |



## BUENOS AIRES • USHUAIA

Departure: 5th November 2025

19 days/18 nights

aboard *L'Austral*

From £13,380<sup>(2)</sup>

Discover the Southern Ocean as you've never seen it before, between the Valdes Peninsula, a wild sanctuary of unparalleled marine splendour, the Falkland Islands, South Georgia, and the pristine lands of Antarctica. All populated by spectacular wildlife including albatrosses, penguins, elephant seals, sea lions, and more.

Included with your cruise<sup>(3)</sup>: return flight Ushuaia/Buenos Aires and transfer.



Another departure available, in the opposite direction: 28th February 2026, 20 days/18 nights on board.



In partnership with Le Cercle Polaire, and with the presence of its founder, Laurent Mayet.

Included with your cruise<sup>(3)</sup>: an overnight in Buenos Aires the day before embarkation, flight Buenos Aires/Ushuaia, and transfers.

FLYSS2025GB-0925 (1) Double stateroom supplement for single occupancy waived on a limited number of stateroom and according to accommodation category. Offer valid on selected cruises. Find all the cruises concerned on our website. (2) Price is per person, based on double occupancy. The fares mentioned on each product reflect the best rates available at the time of publication, July 2025. This price can vary depending on the level of availability of the cruise, and is therefore subject to change without prior notice. (3) Included flights selected by PONANT EXPLORATIONS in economy class. Prices may change depending on availability and prices charged in real time by airline. Wildlife encounters, highlights and photos illustrate possible experiences only and cannot be guaranteed. Find more information in the 'General Terms and Conditions of Sale' at [www.ponant.com](http://www.ponant.com). Photo credits: @PONANT: Julien Fabro, JC Pieri, Tim McKenna, Glenn Le Bras, Violette Vauchelle. All rights reserved. Produced by: Claire Builles, July 2025.



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